



TSC celebrates

JAMAICA DAY

on Tuesday, August 4th, 2026

History

Jamaica became an Independent Nation on August 6th, 1962 becoming the First English-speaking nation in the Caribbean to separate, ending more than 300 years under British Colonial Rule. The first Monday in August is a holiday In lieu of the 6th and is considered a National Holiday.

Fun Facts

The **National Motto** is “Out of Many, One People” ...reflecting on the diversity of the population.

The **National Dish** is Ackee and Saltfish ...the Ackee (originating from West Africa) a unique fruit that is cooked with salted cod to make this dish.

The **National Bird** is the Doctor Bird ...the red-billed streamer tail hummingbird native only to Jamaica.

The **National Flower** is the Lignum Vitae ...actually a tree that produces beautiful blue-purple blossoms.

The **National Tree** is the Blue Mahoe ...tall timber tree with blue-green streaks in the wood.

Favourite Fast Food is the Beef Patty, complemented by popular entreés such as Jerk Chicken, Jerk Pork, Curried Goat, Oxtail, Salted Mackerel and Green Banana.

Come join us in the **TSC Café**