



# TAI CHI LESSONS

Beginners (10 spots available)

**Advanced** Beginners (10 spots available)

Friday mornings for **8 weeks:**

May 1, 8, 15, 22, 29, June 5, 12 & 19 2026.

**Time:** 9:30am - 10:30am

**Fee:** \$40 TSC Members only

**Location:** South Hall

**Instructor:** Master Thomas Wong

Sign up at the TSC front desk with your membership card and exact cash payment.