

Thornhill Seniors Club

Pre-Registered Programs - SUMMER 2023

Register in-person with exact cash (only) **in the TSC Café on dates and times indicated in blue.** TSC Membership badge required. *Existing students will be given registration priority. Limited space.* No drop-ins, partial sessions or refunds for missed classes.

Contact cpetrowtsc@gmail.com if you require further information.

No classes on holidays Mon July 3 & Aug 7 or other dates as indicated due to instructor availability.

Zumba Gold with Bette - Mondays 11:15am-12:15pm - South Hall \$35

7 Weeks: July 10, 17, 24, 31, Aug 14, 21, 28 (no class Aug 7)

Registration June 19 at 12:15pm

Zumba Gold with Bette - Thursdays 11:30am-12:30pm - South Hall \$45

9 Weeks: July 6, 13, 20, 27, Aug 3, 10, 17, 24, 31

Registration June 22 at 12:30pm

FULL! Watercolour ~~with Bonnie~~ - Mondays 1:00pm-3:00pm - Seniors Room 1&2 \$50

5 Weeks: July 10, 17, 24, 31, Aug 14

Registration June 19 at 12:40pm

Mixed Media Art with Manizhe - Mondays 10:00-12:00pm - Seniors Room 1&2 \$60

6 Weeks: July 10, 17, 24, 31, Aug 14, 21 (no class Aug 7)

Registration June 19 at 11:30am

Yoga with Verne - Tuesdays 9:30am-10:45am - South Hall \$50

8 Weeks: July 4, 11, 18, 25, Aug 8, 15, 22, 29 (no class Aug 1)

Registration June 20 at 10:45am

Yoga with Verne - Fridays 11:00am-12:15pm - South Hall \$50

8 Weeks: July 7, 14, 21, 28, Aug 11, 18, 25, Sept 1 (no class Aug 4)

Registration June 23 at 12:00pm

Chair & Absolute Beginner Yoga with Verne - Tuesdays 11:15am-12:15pm - South Hall \$40

8 Weeks: July 4, 11, 18, 25, Aug 8, 15, 22, 29 (no class Aug 1)

Registration June 20 at 12:15pm

Line Dance with Isabella (Low-Intermediate) - Tuesdays 1:00pm-2:30pm - South Hall \$65

9 Weeks: July 4, 11, 18, 25, Aug 1, 8, 15, 22, 29

Registration June 20 at 12:40pm

Osteofit with Lorne - Thursdays 9:45am-10:45am - South Hall \$45

9 Weeks: July 6, 13, 20, 27, Aug 3, 10, 17, 24, 31

Registration June 22 at 10:45am

Tai Chi – Cancelled until the Fall