



# THE BUZZ

Main: 905-944-3781 | Travel: 905-944-3782 | Email: [tscboarddirectors@gmail.com](mailto:tscboarddirectors@gmail.com) | Website: [tsclub.ca](http://tsclub.ca)

## TSC Board of Directors - 2018/19

### President

Norm Goldstein

### Vice-President

Wanda Lawrenson

### Treasurer

Brenda D'Sylva

### Secretary

Marlene Kestenberg

### Director of Social Programs

Mary Ann Bogard

### Director of Physical Programs

Don Tai

### Director of Travel

Melodye Williams

### Director of Special Events

Gloria O'Shell

### Director at Large

Bernie Hain



## President's Message

As always, I wish to thank our Volunteers who make TSC the success it is.

I was able to congratulate several veteran members who became Honorary Members at our recent Welcome Back Lunch. As well, several new members also reached that threshold (90 years old) and were welcomed to the Club at no cost.

As I mentioned at the AGM, both long term Directors – Don Simpson, Treasurer, and Shirley Lawrence, Kitchen Services, have retired from their positions. They were both made Lifetime Members due to their many years of dedicated service to TSC.

Brenda D'Sylva has assumed the role of Treasurer and Marlene Kestenberg has agreed to become Secretary as was appointed by the Board of Directors.

I am sad to report that former President and TSC Volunteer, Wilf Shub, has recently passed away. He will be greatly missed.

Please enjoy the many events that will continue to take place. I want to thank our generous sponsors – Glynnwood, Canterbury Place, Forestview, Delmanor and Richview Retirement Residences to name a few - for helping make the events possible.

Enjoy the upcoming winter and all the activities that TSC has to offer.

Sincerely,  
Norm Goldstein



## Vice-President's Message

### **ANOTHER YEAR AT TSC! THE YEAR OF FUN & RESPECT!**

It does not seem possible that another year has come and gone, and we have begun our 2019 membership year! We want to ensure that you enjoy every moment you spend at TSC and your activities but, we are asking all of you to help us make this possible by doing and understanding a few small requests.

We continually remind all our members to wear your TSC Badge when at the Club. We are not trying to be difficult, we do it because there are rules and important reasons! You must have your Badge to buy activity tickets from the Front Desk, book a trip at the Travel Desk or buy a coffee for 50 cents at the Café. These are only a few of the reasons that we need to see your badge. When you wear your badge, not only can we see your name, but, we can speak to you by your name and get to know you and most importantly confirm that indeed you have a 2019 sticker! Please present your badge upon request from our volunteers. They are only doing their "job"! DO NOT disrespect a TSC volunteer who is giving up their time to serve you!

Remember our back hallway door is now locked by request of the City of Markham. We understand it can be a bit of a walk for many of our members to get from the Seniors Club entrance to your activity room but you must not walk through another activity that is in progress to make your trip shorter. Please appreciate the back door is locked for your safety and respect other members.

Please read the bulletin boards, look at our website as this is the only way you will stay informed on What's Happening at TSC. We have no other means of communication and we want everyone to be in the know.

It is going to be another great year to enjoy TSC with all of the many activities and events available. Remember how fortunate we are to be a member of such an enviable club.

Enjoy all that TSC has to offer these next few months. Getting up, getting out and keeping active will help us have fun during these cold, snowy months ahead.

I would like to wish all of our TSC membership a very Happy, Healthy 2019 and look forward to assisting you in the months ahead!

With many thanks and good wishes,  
Wanda Lawrenson



## Featured Member



### Marlene Kestenberg

I am one of the newer members of TSC. I joined when I retired in 2018, after working as a Dental Assistant/Oral Surgery Assistant for 32 years. The last 10 years before retirement I worked as the office manager for Family Physiotherapy in Thornhill.

In retirement I am enjoying spending time at TSC. I partake in Yoga, Line dancing, Canasta, Volunteer at the Front Desk and am the newly appointed Secretary of the TSC Board of Directors. I also enjoy spending time with my family and my 3 grandchildren.

By Marlene Kestenberg

## Thank You for Your Donation!

A big Thank You to TSC Members and Volunteers, Mina and Richard Gould, for their kind donation of a brand new TV! We plan to have it mounted on the wall by the front entrance to display our Activity Schedule and other Club information. We are very grateful for your generosity!



### The 1<sup>st</sup> Annual Wilf Shub Texas Hold'em Poker Tournament

As many of you are aware, we sadly lost TSC Past President and Volunteer, Wilf Shub, in October of this year.

In his personal time, Wilf enjoyed playing Poker with friends. It was his idea to start a monthly tournament here at TSC, in which he also volunteered his time to deal at each game. It was an instant hit, and years later, the tournament is still going strong.

We wanted to honor his contributions by holding a Tournament and Lunch in his name. The first one will be held on Wednesday December 12<sup>th</sup> and we plan to make it an annual event. Limited Tickets are available at the TSC front desk.



## Travel News

2019 will be another busy Travel year at TSC. I cannot thank all of our members enough for their support and participation.

On November 5, 2018 we traveled to Seneca New York for three days. This was the 300<sup>th</sup> trip I have planned.

Stay tuned to our Travel Board for news on upcoming trips.

Thank you to all the Travel Desk volunteers for being an integral part of our trip success.

Keep Travelling!

Melodye Williams & the TSC Travel Desk Volunteers



### **Parking Reminder:**

Members on day and overnight trips must park in the West Community Centre parking lot (facing Bayview Ave.), NOT in the Senior's reserved parking spots or surrounding East lot.



## Special Events Update

Our 2019 Membership Year got off to a bang with our annual Welcome Back Lunch! We have had many BBQs and Café events and we are looking forward to our Holiday Celebration on December 4<sup>th</sup> at the beautiful Heintzman House.

The very best way to show our events is through pictures! Enjoy remembering the fun we had and the great times to come over the next year!

Thank you to all the wonderful sponsors we have had assist with our events this past year!

Gloria O'Shell  
Director of Special Events



*Gloria (right) with Nina from Canterbury Place at the Welcome Back Lunch*



*Welcome Back Lunch guests Shirley, Mary and Bill*



*Sandy (left) from Glynnwood receives a gift from TSC for her help with the Summer BBQs*



*Annual General Meeting*



## Join In!

### Tai Chi – All Levels

In previous membership years, we held two Tai Chi classes every week taught by Instructor, Stanley Lau. In this membership year we have decided to have one Tai Chi – an All Levels class on Thursday's from 10:30 - Noon. Tai Chi is a healthy activity for all ages and an excellent approach to wellness for the body and mind. Please give it a try today!



### Pickleball - Beginners

Since September 2018, so many of our new members have wanted to join Pickleball. Many of you wanting to play have little or no experience with this Racquet sport. To help integrate newcomers with our experienced players, we have added a Beginners class on Wednesdays from 1:00 - 2:00 in the TCC Gym. Grace Hartnett is the Pickleball Convenor and Pauline Stubbs is a seasoned player. Both Ladies will be happy to guide you through the sport and have you on the courts - playing safely and knowing all the rules of the game - in no time.

### Abs

Abs Instructor, Sharon Hudson, is also our instructor for our very popular Osteo Fit class on Tuesday's at 9:30am. Our Abs class has been a favourite activity at TSC for a very long time. Unfortunately, participation has become smaller in recent months. Abs is another class that is geared to all ages! If you are not aware of this class, please give it a try on Friday mornings at 9:00 – 10:00 a.m. Get up, get out and get active!

### Mah Jong - Beginners

Mah Jong - Intermediate is an activity offered twice per week Tuesday and Thursday's from 12:30 – 3:30. However, we have had many requests from new members to play Mah Jong but they have no experience. We also have some current players that need to “hone” their skills to become an Intermediate player. We are pleased to announce that we will have a scheduled Mah Jong Beginners class starting in the New Year. The class will be instructed by TSC Member and Volunteer, Doreen Manning. The fee for this class will be 1 Pink Ticket for Members or \$3.00 for Non-Members. The classes will be held in Seniors Room 3 on Tuesdays from 9:00am - 12:00pm beginning January 8<sup>th</sup>. We thank Doreen for offering her time to teach all those interested in the American version of Mah Jong. Should you require more information, please see Doreen at the Front Desk Monday afternoons or ask any of our Front Desk Volunteers for the Beginners Mah Jong Information Sheet.



## Contact Us!

**TSC Front Desk:** 905-944-3781

Mon-Thurs 9am-4pm Fridays 9am-2:00pm



**TSC Travel Desk:** 905-944-3782

Mon, Wed & Thurs 9am-1pm Tues & Fri 9am-4pm

**Email:** [tscboarddirectors@gmail.com](mailto:tscboarddirectors@gmail.com)

Be in the know! Follow us at [tsclub.ca](http://tsclub.ca) for the latest TSC news delivered straight to your inbox.

## Upcoming Holiday Closures

**December 24 – Jan 1**

**February 18 – Family Day**



## CHATTERBOX CAFÉ

Open Mon-Thurs 9am-3pm Fri 9am-2:00pm

**Coffee & Tea:** TSC Member with Badge - 50¢

**Coffee & Tea:** Non-Member or Member *without* Badge - \$1.00

**Hot Water** - 25¢

**Pop or Bottled Water** - \$1.00

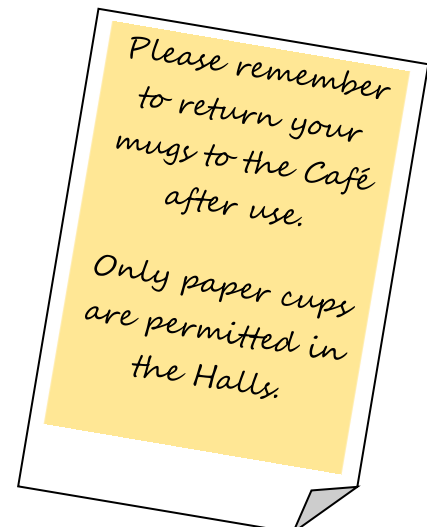
**Potato Chips** - \$1.00

**Dad's Cookies, Granola Bars, Rice Krispy Treats** - 50¢

**Chocolate Bars** - \$1.50

**CAFÉ VOLUNTEERS WANTED!**

**PLEASE APPLY AT FRONT DESK**



## Information for Snowbirds 2019

While Florida, California, Arizona, Hawaii, and Texas are the most popular U.S. states for Canadian snowbirds, you should also consider up and coming spots and hidden gems in South Carolina, New Mexico, Mississippi, Louisiana, Puerto Rico, Nevada, Alabama, Georgia, and North Carolina, as they offer unique experiences at generally more affordable prices. However, according to the **Canadian Snowbird Association**, you should also be ready to prove that you can sustain yourself during your extended stay.

The association suggests carrying copies of the following documents when crossing the border:

- Canadian driver's license;
- Credit card statements;
- Tax assessment notices;
- Bank and investment statements;
- Homeowner documents;
- A return ticket;
- Travel insurance policy.

Travel with care and have a "fun in sun" this winter season!



## Jokes

A Lexus mechanic was removing a cylinder head from the motor of a LS460 when he spotted a well known cardiologist in his workshop. The cardiologist was there waiting for the service manager to come and take a look at his car when the mechanic shouted across the garage,

"Hey Doc, want to take a look at this?"

The cardiologist, a bit surprised, walked over to where the mechanic was working.

The mechanic straightened up, wiped his hands on a rag and asked, "So Doctor, look at this engine. I opened its heart, took the valves out, repaired or replaced anything damaged, and then put everything back in, and when I finished, it worked just like new.

So how is it that I make \$30,000 a year and you make \$500,000 when you and I are doing basically the same work?"

The cardiologist paused, leaned over, and then whispered to the mechanic..... "Try doing it with the engine running."

The Buzz Editorial Team: Wanda Lawrenson & Cindy Petrow

Contact: [tsboarddirectors@gmail.com](mailto:tsboarddirectors@gmail.com)